## **November**

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Group				Baked Crab Cake 1c Tomato Basil Bisque 1/2c California Blend Vegetables White Bread 1/2c Cinnamon applesauce
4 Chicken & Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange	Election Day 5 Baked Cabbage Roll w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Fresh Fruit	Stadium Hot Dog 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges Ketchup, Mustard, Relish	Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin	8 Rotini & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad
Veteran's Day! 11  Closed	1c Chili 1/2oz Cheddar cheese 1c Tossed Salad w/ Tomato cornbread 1/2 Applesauce	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll 1/2c Blushed Pears	Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	Taco Salad  Taco Salad  (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa)  Tortilla Chips 1c Tortilla Soup 1/2c Pineapple
Sloppy Joe Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Fresh Fruit	Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed greens w/ Tomato) 1c Vegetable soup 1 dinner roll 1/2c pudding	Roast Turkey w/gravy 2oz Stuffing 1/2c Whipped Potatoes 1/2c Mixed Vegetables 1 Dinner Roll Pumpkin Cake Thanksgiving Meal	Tuna Salad Sandwich (4oz) 1/2c pickled Beets 1/2c Coleslaw 2 White Bread Fresh Fruit	Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 Garlic Breadstick 1/2c Apple cranberry crisp
Baked Meatloaf w/ Gravy Scalloped Poatoes 1/2c Beets 1 White Bread Seasonal Fresh Fruit	Chicken Bacon Carbonara (3oz Chicken, 1/2ox Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Oranges	Sliced Ham  1/2c Orange Blossom Sweet Potatoes  1/2c Peas & Carrots  1 Dinner Roll  1 Cookie	Happy Thanksgiving! 28	<b>29</b> Closed