





# January

Perry

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Happy New Year! 1</p> 	<p>2</p> <p>Baked Fish 1/2c Macaroni &amp; Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit</p>	<p>3</p> <p>Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple</p>
<p>6</p> <p>Sloppy Joe 1 Baked Potato 1/2c Green Beans 1 Hamburger Bun Fresh Fruit</p>	<p>7</p> <p>Popcorn Chicken w/ Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches</p>	<p>8</p> <p>Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding</p>	<p>9</p> <p>Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll Fresh Fruit</p>	<p>10</p> <p>Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 Garlic Breadstick 1/2c apple cranberry crisp</p> <p><b>NEW ITEM</b></p>
<p>13</p> <p>Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 White Bread Seasonal Fresh Fruit</p>	<p>14</p> <p>Chicken Bacon Carbonara (3oz Chicken, 1/2oz Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Oranges</p> <p><b>NEW ITEM</b></p>	<p>15</p> <p>Tuna Salad Sandwich (4oz) 1c Bean Soup 1/2c Coleslaw 2 White Bread Fresh Fruit</p>	<p>16</p> <p>Baked Goulash 1/2c Brussel Sprouts 1/2c peaches 1 Italian Bread</p>	<p>17</p> <p>Sliced Ham 1/2c Orange Blossom Sweet Potatoes 1/2c Peas &amp; Carrots 1 Dinner Roll 1 Cookie</p>
<p>20</p> <p>Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c pudding</p>	<p>21</p> <p>Sweet &amp; Sour Pork 1/2c. Rice 1/2c Broccoli &amp; Cauliflower Blend 1 Dinner Roll Fresh Fruit</p>	<p>22</p> <p>BBQ Pork Ribete 1/2 Hashbrown cubes 1/2c Green Beans 1 Hamburger bun 1/2c pineapple delight</p> 	<p>23</p> <p>Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie</p>	<p>24</p> <p>Italian Burger (Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit</p> <p><b>NEW ITEM</b></p>
<p>27</p> <p>Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple</p> <p><b>NEW ITEM</b></p>	<p>28</p> <p>Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p>29</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick Fresh Orange</p>	<p>30</p> <p>Western Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p>31</p> <p>Open Faced Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding</p> <p><i>* menu subject to change</i></p>