## **February**

## Perry

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Creamy Parmesan Pork Chop	Pizza Burger	Chicken Bruschetta	Lasagna w/ Meat Sauce	Baked Crab Cake
1/2c Cubed Potatoes	(1oz Sauce,5oz Mozzarella)	1/2c Pesto Pasta	1c Tossed Salad w/ Tomato	1c Tomato Basil Bisque
1/2c Cauliflower	1/2c Lemon Buttered Orzo	1/2c Capri Blend Vegetables	1/2c Green Beans	1/2c California Blend Vegetables
1 Wheat Bread	1/2c Brussel Sprouts	1 Dinner Roll	1 Garlic Breadstick	White Bread
Cake w/ Icing	Hamburger Bun	Fresh Fruit	Fresh Fruit	1/2c cinnamon applesauce
NO.	1/2c gelatin			
CWOHOG S.				
10	11	12	13	Happy Valentine's Day! 14
Chicken & Dumplings	Baked Cabbage Roll	Stadium Hot Dog	Salisbury Steak w/ Gravy	Rotini & Meatballs (4)
1/2c Mixed Vegetables	w/ 2oz Tomato Sauce	1/2c Cheesy Potatoes	Baked Potato w/ Margarine	3/4c Pasta w/ Marinara
Whole Grain Buttermilk Biscuit	1/2c Garlic Whipped Potatoes	1 Hot Dog Roll	1/2c Broccoli	1c Tossed Salad w/ Tomato
Fresh Orange	1/2c Carrots	1/2c Pineapple & Mandarin Oranges	1 Wheat Bread	1 Garlic Breadstick
	1 Dinner Roll	Ketchup, Mustard, Relish	1/2c Gelatin	1/2c Mixed Fruit Salad
	Fresh Fruit			
Presidents Day! 17	18	19	20	21
Honey BBQ Chicken Breast	Swedish Meatballs (4) w/ Gravy	1c Chili	Baked Fish	Taco Salad
1/2c Brown Rice	1/2c Buttered Noodles	1/2oz Cheddar Cheese	1/2c Macaroni & Cheese	(3oz Taco Meat, .5oz Cheddar,
1/2c Carrots	1/2c Peas	1c Tossed Salad w/ Tomato	1/2c Stewed Tomatoes	Lettuce, Tomato, Salsa)
Wheat Bread	1 Dinner Roll	Cornbread	1 Wheat Bread	Tortilla Chips
Seasonal Fresh Fruit	1/2c Blushed Pears	1/2c Applesauce	Seasonal Fresh Fruit	1c Tortilla Soup
(a)	RESPONDETS			1/2c Pineapple
	200			
24	25	26	27	27
Sloppy Joe	Popcorn Chicken w/ Gravy	Stuffed Pepper w/ Tomato Sauce	Turkey Chef Salad	Chicken Alfredo
Baked Potato	1/2c Whipped Potatoes	1/2c Garlic Whipped Potatoes	(2oz Turkey, Egg, Cheddar, over	1/2c Noodles
1/2c Green Beans	1/2c Corn	1/2c Carrots	1c Mixed Greens w/ Tomato)	1/2c Broccoli
1 Hamburger Bun	1 Biscuit	1 White Bread	1c Vegetable Soup	1 Garlic Breadstick
Fresh Fruit	1/2c Peaches	1/2c Pudding	1 Dinner Roll	1/2c apple cranberry crisp
			Fresh Fruit	
				V
				The
				Nutrition I
				Group
			*menu subject to change based on availability	